# Front cover

April 2023

## Sex, young people and the law

### Cyberbullying

## Middle panel

### Cyberbullying

#### Things to remember

**No-one deserves to be bullied** anywhere – not online, not on the phone, not in person.

If you are being bullied or someone you know is being bullied, **tell an adult you trust**.

**Block bullies online** – don’t respond.

Serious **bullying can be a crime**.

Your school has a responsibility to take action to stop bullying.

If you are worried about your safety, **call the police**.

#### Where to get help

Talk to an adult you trust or to your school counsellor or call:

**Kids Helpline** Free telephone counselling for people 25 years and under, **1800 55 1800**

Victoria Legal Aid Free legal help, **1300 792 387**

**Youthlaw** Legal services for people 25 and under, **9113 9500**

**Office of the eSafety Commissioner** for help removing cyberbullying posts, **www.esafety.gov.au**

**Victoria Police 000**

## Back cover

### Your local agency:

Space to write the details of your local agency