# Front cover

## Sex, young people and the law

### Cyberbullying

## Middle panel

### Cyberbullying

#### Things to remember

No-one deserves to be bullied anywhere – not online, not on the phone, not in person.

If you are being bullied or someone you know is being bullied, tell an adult you trust.

Block bullies online – don’t respond.

Serious bullying can be a crime.

Your school has a responsibility to take action to stop bullying.

If you are worried about your safety, call the police.

#### Where to get help

Talk to an adult you trust or to your school counsellor or call:

Kids Helpline: Free telephone counselling for people 25 years and under, 1800 55 1800.

Victoria Legal Aid: Free legal help, 1300 792 387.

Youthlaw: Legal services for people 25 and under, 9611 2412.

Victoria Police: 000.

## Back cover

### Your local agency:

Space to write the details of your local agency.