

**KNOW YOUR
RIGHTS. HAVE
YOUR SAY.**

imha
independent
mental health
advocacy

ARE YOU ON A COMPULSORY TREATMENT ORDER?

If you're receiving compulsory treatment, it can be a lonely and distressing experience. It might feel like no-one is listening to you.

Our independent advocates can:

- listen to what you want and talk to you about your options
- give you information and support to act on your rights
- work with you so you can have your say
- refer you to other services if you need.

Our service is independent, free and confidential.

Contact us

Call on **1300 947 820**

9.30am to 4.30pm, Monday to Friday

Email **contact@imha.vic.gov.au**

Visit our website **www.imha.vic.gov.au**

Call **1800 959 353** to hear a free recording of your rights

We will organise an interpreter for you.



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