# Know your rights. Have your say.

August 2022

## Are you on a compulsory treatment order?

If you’re receiving compulsory treatment, it can be a lonely and distressing experience. It might feel like no-one is listening to you.

Get information and support to understand and act on your rights.

Contact Independent Mental Health Advocacy or the Victorian Aboriginal Health Service.

### Independent Mental Health Advocacy

Call on **1300 947 820**

9.30am to 4.30pm, Monday to Friday

Call **1800 959 353** to hear a free recording of your rights.

Email **contact@imha.vic.gov.au**

Visit our website **www.imha.vic.gov.au**

### Victorian Aboriginal Health Service

Call on **03 9403 3300**

9 am to 5 pm, Monday to Thursday

9 am to 4 pm, Friday

Email **info@vahs.org.au**

Visit our website **www.vahs.org.au**