

**KNOW YOUR
RIGHTS. HAVE
YOUR SAY.**

imha
independent
mental health
advocacy

ARE YOU ON A COMPULSORY TREATMENT ORDER?

If you're receiving compulsory treatment, it can be a lonely and distressing experience. It might feel like no-one is listening to you.

Get information and support to understand and act on your rights.

Contact Independent Mental Health Advocacy or the Victorian Aboriginal Health Service:

imha

independent
mental health
advocacy



imha.vic.gov.au

Call on **1300 947 820**

9.30am to 4.30pm, Monday to Friday

Call **1800 959 353** to hear a free recording of your rights

Email contact@imha.vic.gov.au

Visit our website www.imha.vic.gov.au



Call on **03 9403 3300**

9am to 5pm, Monday to Thursday

9am to 4pm, Friday

Email info@vahs.org.au

Visit our website www.vahs.org.au

