# Know your rights!

## Do you need support to:

* Be involved in decisions about your assessment, treatment, and recovery?
* Have your views and preferences considered?
* Make treatment decisions?

IMHA is a free and confidential service for people who are receiving compulsory mental health treatment.

We can assist you to have as much say as possible.

## If you are receiving compulsory treatment, IMHA can:

* listen to what you want and talk to you about your options
* give you information and support to act on your rights
* work with you so you can have your say
* refer you to other services as needed.

Call us today on 1300 947 820 to see how we can help you.

Independent Mental Health Advocacy

View our website: [www.imha.vic.gov.au](http://www.imha.vic.gov.au)