



imha

independent  
mental health  
advocacy

Know your rights.  
Have your say.

It's your  
mental health.

# Are you on a compulsory treatment order?

If you're receiving compulsory treatment, it can be a lonely and distressing experience.

It might feel like no-one is listening to you.



Our independent advocates can:

- **listen** to what you want and talk to you about your options
- **give** you information and support to act on your rights
- **work** with you so you can have your say
- **refer** you to other services if you need.

**Our service is independent, free and confidential.**

We will organise an interpreter for you.

**T** 1300 947 820 | 9.30am to 4.30pm, Monday to Friday  
**E** [contact@imha.vic.gov.au](mailto:contact@imha.vic.gov.au) | [www.imha.vic.gov.au](http://www.imha.vic.gov.au)

Call 1800 959 353 to hear a free recording of your rights



[imha.vic.gov.au](http://imha.vic.gov.au)

