# Know your rights!

Do you need support to:

* Be involved in decisions about your assessment, treatment, and recovery?
* Have your views and preferences considered?
* Make treatment decisions?

IMHA is a free and confidential service for people who are receiving compulsory mental health treatment.

**We will contact you** if you are receiving compulsory treatment, unless you have told us not to.

Do you have questions about compulsory treatment?

Call us on 1300 947 820 (open 9:30 am to 4:30 pm every day) to see if we can help you.

[Independent Mental Health Advocacy](http://www.imha.vic.gov.au/) (www.imha.vic.gov.au)