

Know your rights!

Do you need support to:

- Be involved in decisions about your assessment, treatment and recovery and your rights in the mental health system?
- Have your views and preferences considered?
- Make treatment decisions?

IMHA is a free and confidential service that can help you if you are receiving compulsory mental health treatment.

We will contact you

if you are receiving compulsory treatment, unless you have told us not to.

Do you have questions about compulsory treatment?

Call us on **1300 947 820**

(open 9.30 am to 4.30 pm every day)
to see if we can help you.

imha

independent
mental health
advocacy



imha.vic.gov.au

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