



Your local agency:

April 2023

SEX young
people & **THE LAW**

Cyberbullying

Cyberbullying

Things to remember

- **No-one deserves to be bullied** anywhere – not online, not on the phone, not in person.
- If you are being bullied or someone you know is being bullied, **tell an adult you trust**.
- **Block bullies online** – don't respond.
- Serious **bullying can be a crime**.
- Your school has a responsibility to take action to stop bullying.
- If you are worried about your safety, **call the police**.

Where to get help

Talk to an adult you trust or to your school counsellor or call:

Kids Helpline Free telephone counselling for people 25 and under, **1800 55 1800**

Victoria Legal Aid Free legal help, **1300 792 387**

Youthlaw Legal service for people 25 and under, **9113 9500**

Office of the eSafety Commissioner For help removing cyberbullying posts, **www.esafety.gov.au**

Victoria Police 000